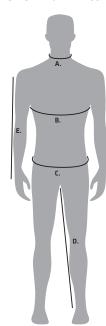
# Benchmark Fitting Guide for Men



The measurement is taken around the neck, at the collar level.

The measurement is taken around the fullest part of the upper chest, keeping the tape under the arms and around the shoulder blades.

## C. WAIST

The measurement is taken around the

keeping one finger between the tape and the body, for a comfortable fit.

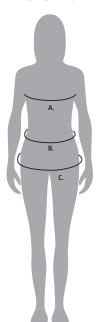
### D. INSEAM

Measure from the top of the inner pant leg seam (the crotch) to the opening at the bottom of the pant leg.

### E. SLEEVE

Measure the length from the top stitching on the shoulder to the bottom of the wrist. Be careful not to measure too high above the wrist.

# **Benchmark Fitting Guide for Women**



## A. BUST

The measurement is taken around the fullest part of the bust, keeping the tape under the arms and around the shoulder blades.

The measurement is taken around the waist, keeping one finger between the tape and the body, for a comfortable fit.

The measurement is taken around the fullest part of the hips, while standing naturally (approximately 22 cm down from the waist).

LADIES TOPS
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### LADIES BOTTOMS

SIZE	TO FIT CHEST	TO FIT WAIST	SIZE	TO FIT WAIST	TO FIT HIP
6	77/80	66/68	6	66/68	86/89
8/XS	82/85	71/73	8	71/73	91/94
10/5	87/90	76/78	_	71,73	31/34
12/M	92/95	81/83	10	76/78	96/99
14/L	97/100	86/88	12	81/83	101/104
16/XL	102/105	91/93	14	86/88	106/109
18/XL	107/110	96/98	16	91/93	111/114
20/2XL	112/115	101/103	18	96/98	116/119
22/3XL	117/120	106/108	10	30/30	110/115
24/3XL	122/125	111/113	20	101/103	121/124
26	127/130	116/118	22	106/108	126/129
28	132/135	121/123	24	111/113	131/134
30	137/140	126/128	26	116/118	136/139

### Mens JACKETS

SIZE	TO FIT CHEST	SLEEVE
92/XS	87cm	64.5cm
97/S	92cm	65.5cm
102/M	97cm	66.5cm
107/L	102cm	67.5cm
112/XL	107cm	68.5cm
117/2XL	112cm	69cm
122/3XL	117cm	69.5cm
127/4XL	122cm	70cm

## Mens SHIRTS

SIZE	COLLAR	TO FIT CHEST	LONG SLEEVE	SHORT SLEEVE	SIZE	TO FIT	INLEG
38/5	38cm	86/88cm	62cm	25cm		WAIST	LENGTH
39/M	39cm	90/92cm	62.5cm	25cm	77	77/30	84
40/M	40cm	94/96cm	63cm	25cm	82	82/32	84
41/L	41cm	98/100cm	63.5cm	26cm	87	87/34	84
42/L	42cm	102/104cm	64cm	26cm	92	92/36	84
43/XL	43cm	106/108cm	64.5cm	26cm	97	97/38	84
44/XL	44cm	110/112cm	65cm	27cm	102	102/40	84
46/2XL	46cm	118/120cm	66cm	27cm	107	107/42	84
48/3XL- 4XL	48cm	126/128cm	67cm	28cm	112	112/44	84
50/5XL	50cm	134/136cm	68cm	28cm	117	117/46	84

### Mens PANTS

SIZE	TO FIT WAIST	INLEG LENGTH	I
77	77/30	84	Ī
82	82/32	84	
87	87/34	84	
92	92/36	84	
97	97/38	84	
102	102/40	84	
107	107/42	84	
112	112/44	84	
	447146	0.4	

### M7630 SIZE CONVERSION

1-1/030 SIEE CONTRETCION				
SIZE	TO FIT LADIES SIZE	SI		
XS	12	XS/7		
S	14	S/8		
М	16	M/8		
L	18	L/9		
XL	20	XL/S		
2XL	22	2XL/1		
3XL	24	3XL/1		
4XL	26	4XL/1		
5XL	28	5XL/		

### M9370 SIZE CONVERSION

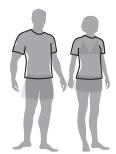
1-15570 SIZE CONVERSION		
SIZE	TO FIT LADIES SIZE	
XS/77/30	12	
5/82/32	14	
M/87/34	16	
L/92/36	18	
XL/97/38	20	
2XL/102/40	22	
3XL/107/42	24	
4XL/112/44	26	
5XL/117/46	28	

# FIND YOUR BEST SIZE FIT

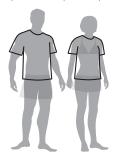
Finding a fit that suits your body is very important. It not only helps in comfort but also makes you look great. Use below chart to choose the correct fit that suits your style or flatter your body shape.



SLIM FIT
This Fit is shaped to the body.
To get a semi-fitted look you may buy one size up



MODERN FIT
This Fit follows the shape of the body and provides ease for movement



EASY FIT

This is a Fit with extra ease for movement. The garment falls free from the body



CLASSIC FIT
Follows the shape of body and provides ease for movement, shirt can be tucked into pants or



TAILORED FIT
Follows the shape of body and
provides ease for movement, extra length provided to cover the back when bend down. The garment falls free from the body

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